



# 4<sup>th</sup> North Heath Rainbows goes virtual

Network Stage 1 - Part 1



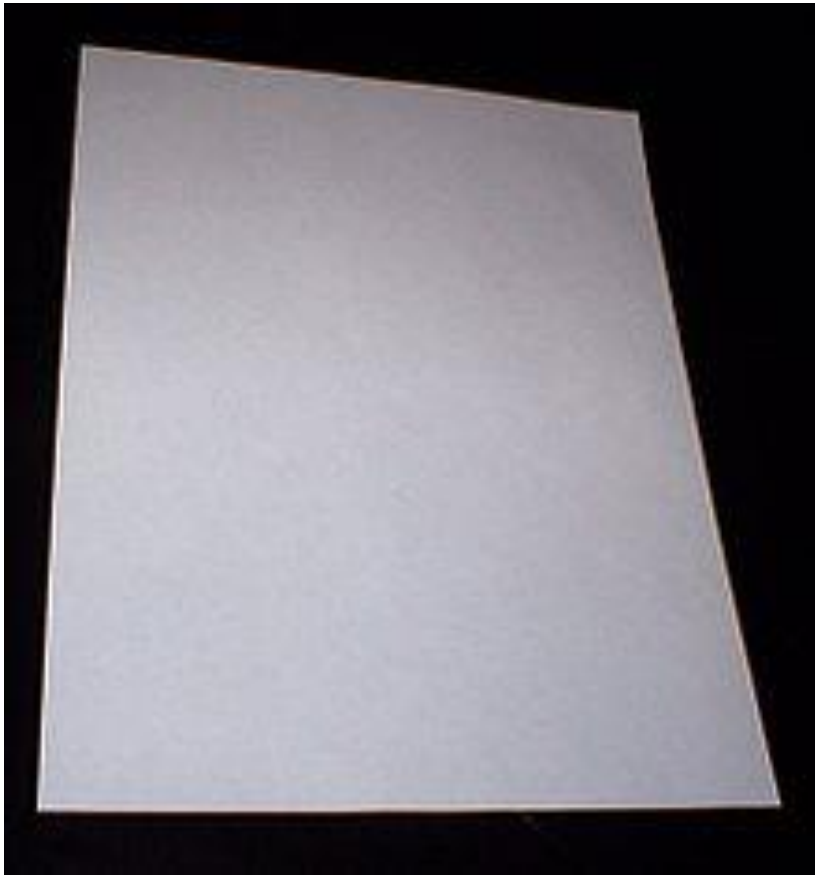
# Set sail on the relationship

We all know lots of people. But how well?  
Lets think about some of them and the relationships we may have

A relationship is how you know the people around you. Each relationship is different depending on how close you are and how well you know them



# Take 2 sheets of paper



- Fold on sheet in half and cut it so you know have 2 pieces
- Take one of these pieces and cut it in half again
- Take one of these new sized pieces and cut it in half again
- You will now have a total of 5 pieces of paper



Label the pieces of paper as follows:

- Largest sheet - don't know very well
- Next largest - know quite well
- Next in size - are really close to
- Smallest piece - me



- On the smallest sheet draw yourself
- The other sheets are for your relationships
- The next largest is people your really close to, like your best friend
- The middle one is people you know quite well, like your neighbour
- The largest one is people you don't know very well, like the postman



Draw or write on the correctly named piece of paper when we call out:

- Uncle or aunt
- Parent
- Grandparents
- Pet
- Brother
- Sister
- Teacher
- Postman
- Rainbow leaders
- Dinner lady
- Best friend
- Cousin



# Discover

- What was the last thing you learned?
- Lets learn something about your Rainbow friends



---

Listen carefully

---

If you know the answer or can do this, you:

---

Need to stand up, turn round and sit down after Misty has said:

---

‘A great wind blows everyone who.....’

---

e.g. Has a dog



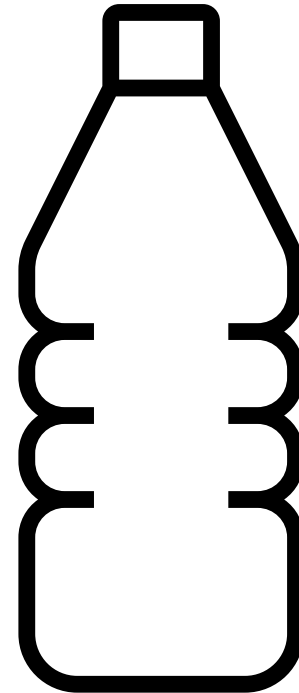
# Make and shake





# Take your bottle or plastic cup

- Place some rice, pasta or even small stones in the bottle or cup
- Shake to see what it sounds like
- Add or take out rice etc.
- Ensure the cap is in place or tape 2 cups together
- Get shaking and sing along





# Rainbow Fish

## tune Frere Jacques

Rainbow fish, Rainbow fish,  
In the sea, in the sea,  
A-splishing and a-splashing,  
A-splishing and a-splashing,  
Look at me, look at me.